

Summer, 2018

The Network



St. James' Episcopal Church

2584 Main Street, P.O. Box 206, Glastonbury, CT

Service Schedule

Sundays 8:00 am Rite I Holy Eucharist

10:15 am Rite II Holy Eucharist

Wednesdays 10:00 am Holy Eucharist with Healing Prayers

Summer Family and Outside Services:

June 3, 24, July 8, 29, Family Services @ 10:15 am

August 12, 26, Sept 9

June 24, July 29, Outside Worship @ 10:15 am

August 26, Sept 9

September 2 One Service @ 9:00 am

"Last Sunday" Breakfasts between the services continues in June, July, and August.

Safe Church Policy requires that minor children should not leave the sanctuary during worship unaccompanied by a parent. Ushers will ask unaccompanied children to go back into the church and get a parent. We appreciate your compliance with this policy.



The Jesus doll goes along in Catherine's backpack.





Altar Guild
and
Flower
Guild
Breakfast



The Men's
Group
worked on a
spring clean up
of the
Churchyard

RECTOR'S RAMBLINGS

Who can think of anything besides Spring?! Today is the second of the beautiful days we are having this first week of May and everyone is celebrating the season. After such a LONG winter and very cold early Spring, it is like being awakened from a hibernation or being re-born, seeing things new and fresh, life springing forth around us. I don't think I have ever been so happy to see buds sprouting and flowers blooming. I don't even care that my allergies are in full swing. The only thing that could be better is if this happened on Easter Sunday – boy, there would have been great sermon material in that!

It does put me in a more grateful state of mind, seeing all the life around me, the beauty of God's creation happening before our eyes – brilliant colors, warm air, the bunnies returning to our yard, birds praising God for the coming of a new day waking me each morning instead of the buzz of my alarm clock, sitting on our back porch long into the evening and hearing the neighborhood sounds are all blessings. Being thankful is a good and simple thing but yet I know that more often than not, I take things like these for granted, forgetting what gifts they truly are.

In her book, *Grateful*, Diana Butler Bass says that in a survey in 2014 by the Pew Research Center examining American religion and spirituality, this question was asked:

How often do you feel a strong sense of gratitude or thankfulness? Would you say at least once a week, once or twice a month, several times a year, seldom, or never?

The survey reported that 78% of Americans responded by saying that they had felt strongly thankful in the last week. Boy, does that make me feel like I am not grateful enough. I tend to spend more time thinking about all the things that need to get done, places to be and often have a head down and just keep moving forward approach to my week, which does not make for being aware of the many ways God's grace is blessing me each day. The good news is that God is all about new beginnings, starting over, re-birth – again, just look at what is going on around us. So my summer discipline is to read Diana's book and work at slowing down and developing a spiritual practice of gratitude. Who's with me?

Denise+

St. James' Vision

We are a Christian community committed to our individual faith journeys through learning, sharing and listening to God and one another. We live this faith through hospitality and acceptance, challenging ourselves and one another to join God in God's mission in our neighborhoods and the world.



*An enjoyable
evening
at Art in the Abbey*

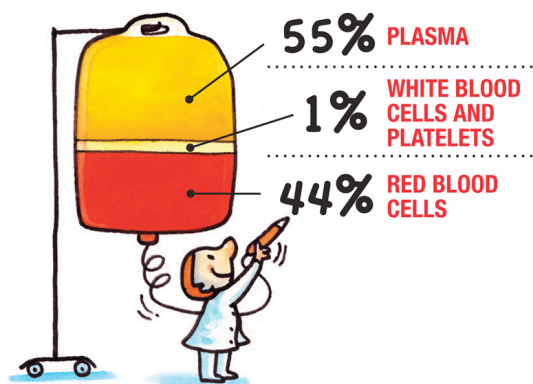
Support the Red Cross Bloodmobile!

Mark your calendar for Friday June 22nd

Consider helping with the annual St. James' Red Cross Blood Drive. You could help someone in need. When was the last time you gave an hour of your time and saved a life? The next time could be **Friday June 22nd** when St. James' hosts the Red Cross Bloodmobile.



There are a variety of ways that you can help. First, you can of course sign-up to give blood. The Red Cross recommends that you sign-up online. (Follow the links at redcrossblood.org) Signing up in advance helps the bloodmobile organizers marshal their resources and bring enough staff, equipment and supplies. Although walk-ins are welcome, you can help streamline your donation experience if you arrive for a scheduled appointment. Most anybody over the age of 17 can donate blood. If you are healthy and weigh more than 110 lbs. you are probably eligible to give; unfortunately only about 2% of folks who can give, do. And blood cannot be manufactured – it can only come from generous donors. Never given blood before? No worries; staff are extra gentle with first timers.



Did you know: Healthy bone marrow produces a constant supply of red cells, plasma and platelets? So your body easily replenishes the elements given during a donation – some in a matter of hours others within a few weeks. It's easy; it doesn't hurt or take long; the actual blood donation typically takes less than 10-12 minutes. From check-in to canteen it's just over an hour. The number one reason people say they give blood is because they "want to help others." **Donating blood can be the perfect marriage of faithful stewardship of our personal resources and fruitful outreach to those in need.**

Schedule some time on **Friday June 22nd from 1:00-6:00pm** to donate blood. Can't stand the sight of blood? ☺ You can still support those who give by:

- + helping with set up or clean up or
- + providing sandwiches or homemade goodies that we serve in the canteen or
- + greeting the donors at the welcome center, which is set up in the foyer or
- + offering hospitality at the canteen upstairs in the parish hall
- +

This type of volunteering supports both the Red Cross staff and the donors; it makes the whole process run smoother. Look for the sign-up sheets in the foyer or contact Jeannette Brown jeannette.brown167@yahoo.com or 860 519-7114 for more information.



Art in the Abbey
"Front of the House"

Art in the Abbey
"Back of the House"



... Enjoyed by many



It's Time to Plant and Tend our Garden

We've rented a "Glastonbury Community Garden Plot" for this summer, for the purpose of growing vegetables to donate to Hartford area food banks. Last year, we made weekly donations from our garden to 1) A Place of Grace Food Pantry @ Grace Episcopal Church, 2) Manna @ Hands on Hartford, and 3) Foodshare. This year, we're adding herbs that will be available for purchase on summer Sunday mornings at church to support Faith in Action projects. If you can help by weeding or watering this summer, please contact Barbara Buddington, Debbie O'Donnell, or *just drop by* to **plot #23b** next to the Little League (Ross) field.

Carol's Closet *update*

Carol's Closet continues to provide essential "paper pantry" items not covered by SNAP (Foodstamps) to Glastonbury residents. This spring, we continued to serve over 70 residents on Saturday mornings (3rd of the month) from 10-12:00. As the town residents' needs increase, financial and human resources continue to be needed. Save the date for:

- ✓ The Carol's Closet **Fundraiser Dinner** will be held on Friday, **September 7**.
- ✓ The CC ministry will be blessed on **August 26**, at which time St. James' will celebrate with our other town faith communities at the last Sunday breakfast.

The Parish Picnic is on September 9.

There is one service, @10:00 am, followed by the picnic.

As you travel this summer, (or go to the dentist), please remember that we collect travel size toiletries (e.g., hotel bathrooms) and donate them to the homeless. The bin is next to the men's room door. So, remember those hotel soaps, shampoos and conditioners (no mouthwash, please) and bring them to church! Thanks!

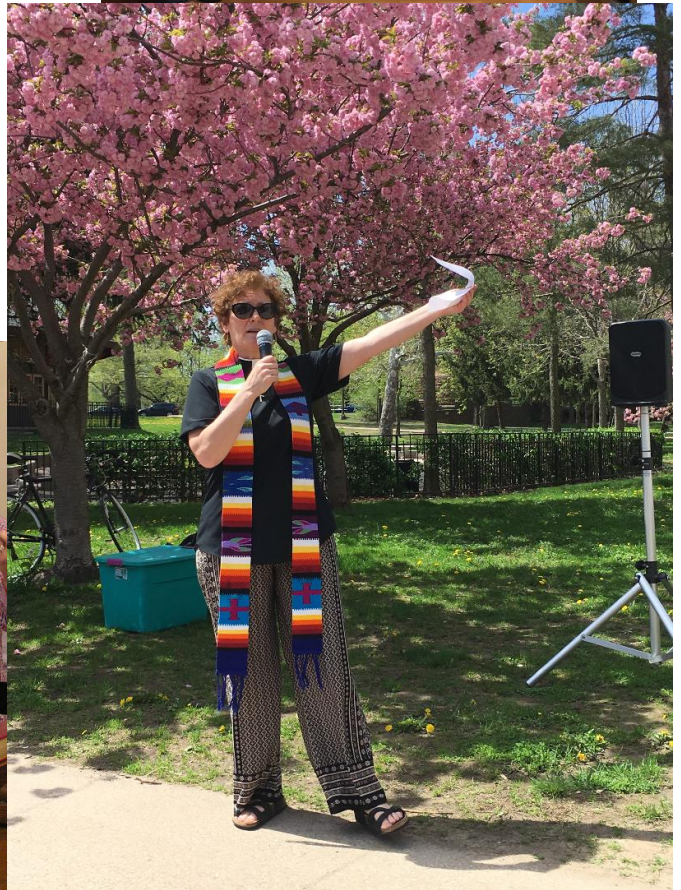
outside of the walls of St. James' Church



Naubuc Green



Heads Up Hartford



Lunch in the Park, next date: June 30

Thanks to all who have contributed to

St. James' *Faith in Action* ministry, so far this year.

Funds raised through:

- ❖ 2 Soup Sundays held in January and February for Heads Up Hartford and Lunch in the Park.
- ❖ The Art in the Abbey committee and all of the volunteers who assisted did a fantastic job!
- ❖ Mothers Day plant sale supports Lunch in the Park. (Special thanks to Scott's Nursery for providing discounted plants for this sale).

Volunteers organized for:

- ❖ Carol's Closet
- ❖ Make and distribute lunches for Lunch in the Park services
- ❖ Provide food and assist at our April 20th Blood Drive
- ❖ Provide a May birthday celebration for residents of Naubuc Green

Continued efforts:

- ❖ Collection of warm winter coats, hats, mittens for those in need
- ❖ Collection of child-friendly food to be donated to *A Place of Grace* in Hartford
- ❖ Weekly collection of food items donated by parishioners and transportation to Manna Food Pantry in Hartford and Glastonbury Social Services
- ❖ Pick-up breads and pastries from Panera Bread, each Sunday night and delivery to Manna on Monday mornings.
- ❖ Carol's Closet continues its monthly distributions of paper goods and toiletries (and a few extras), accompanied by wonderful, home-made refreshments, conversation, and love.

Distribution of monetary donations, thus far, for 2018 have been made to:

(approximately \$9,200 annually)

- Shawl Ministry
- Rector's Discretionary Fund
- Camp Washington
- Trinity Academy at Trinity Episcopal Church, Hartford

In the Fall, we'll continue our financial support to:

- ✓ Glastonbury Social Services – food bank, fuel bank
- ✓ Naubuc School Backpack Food Program
- ✓ A Place of Grace Food Pantry, Hartford
- ✓ Open Hearth, Hartford
- ✓ Episcopal Relief and Development

Faith in Action (continued)

Next: Donations of **backpacks** and **school supplies** will be collected in a bin in the foyer to support the efforts of Glastonbury Social Services and A Place of Grace in **June** and **July**.

Thanks to all of you who have been involved and who have provided such valuable financial and volunteer support. EVERYONE in the parish is welcome to participate in St. James' Faith in Action efforts.





*Happy
Easter*



*Happy
Summer!*

Contact Information

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Facebook ♦ www.facebook.com/StJamesGlastonbury

The Episcopal Church in Connecticut

www.ctdiocese.org

The Rt. Rev. Dr. Ian T. Douglas, Diocesan Bishop

The Rt. Rev. Dr. J. Laura Ahrens, Bishop Suffragan

St. James' Clergy

The Rev. Denise Cabana, *Rector*

dcabana1@sbcglobal.net

Music Ministry

James R. Barry, Minister of Music

Debbie O'Donnell, Children's Choir

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Office

Jodi Lussier, Parish Administrator

Jeanne Kowalsky, Bookkeeper

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accounts-stjames@sbcglobal.net

Vestry

Bea Farlekas, Senior Warden

John O'Donnell, Junior Warden

Bob Dugger, Treasurer

Cheryl Turner, Clerk

bf4090@gmail.com

jodonnell_st.james@cox.net

rkd49@aol.com

jacquesapn@cox.net

Office Hours: 9:00 am - 2:00 pm, Mondays through Thursdays

Summer Office Hours begin June 18: 9-2, Tuesdays through Thursdays

Pastoral Emergency: Call the church office (860-633-8333) and dial 4 any time during the message. Your call will be routed to the clergyperson on call.