

*Fall and late Pentecost, 2016*

# The Network



*St. James' Episcopal Church*

2584 Main Street, P.O. Box 206, Glastonbury, CT

*To grow spiritually and spread the love of Christ*

## Service Schedule

<b>Sundays</b>	8:00 AM	Rite I Holy Eucharist
	10:15 AM	Rite II Holy Eucharist
<b>Wednesdays</b>		10:00 AM Holy Eucharist with Healing Prayers

Our sound system is equipped with a supplemental system to aid those who need **hearing assistance** during the service. The personal units have been upgraded and are **available from the ushers**.

***Safe Church Policy*** requires that minor children should not leave the sanctuary during worship unaccompanied by a parent. Ushers will ask unaccompanied children to go back into the church and get a parent. We appreciate your compliance with this policy.

### **Vision Statements:**

All of our ministries are Christ-centered, joyfully sharing Christ's love.

Led by our commissions, we will reach out and encourage participation to nourish spiritual growth.

Using our time, talents, and treasure, we will support the ministries and activities of this faith community.

We will be an open, welcoming, and inclusive faith community with honest and respectful communication.

Our ministries will serve the community of St. James' and those beyond our walls.

# RECTOR'S RAMBLINGS

As I sit to write this, it is July, but by the time you read it, we'll nearly be in September. Summer will almost be over, school will be just around the corner, our "reverse snow birds" (is there a name for folks who leave for the summer months?) will be back in town and the Church year will be getting started. While fall planning and scheduling has already begun, I am trying to be present to the now, to enjoy the somewhat quieter days of church life, to savor the bounty of summer fruits and veggies, the long days, and some time off. Being in the present isn't easy for me; I always feel that there is something to do, something to be getting ready for, and something to take care of. It is part of the reason that the pilgrimage we will undertake in September is so meaningful to me. Once we are there, there will be nothing to plan for, nothing to take care of, and nothing to get ready. Just being will be all that is asked of me.

For centuries, people have sought out ways to get away from it all and just be with God. Monks, like Cuthbert, whose trail we are following on the pilgrimage, often went to great extremes to get away from daily life, from their communities and their obligations to find quiet time with God. They found small islands in rough seas, caves in the sides of steep hills, and glens in the valleys of mountains no one else had yet found. They walked great distances or traveled in tiny boats in search of a place that they could be alone with their God.

We aren't quite going to that extreme, but walking 63.5 miles over 6 days could, for some, seem extreme. During this time we will begin each day with prayer and a short meditation to "carry" with us as we walk. As there are 8 of us, sometimes we may walk together, talking or silently, or we might walk alone. The journey is meant to give each of us a chance for time with God and to experience God in ways that our normal routine of life doesn't always allow. At the end of the day, we will gather for dinner and a chance to talk a bit about our experience of that day and end with prayer.

The walking portion of our journey ends on the Holy Island of Lindisfarne off the coast of England. It is a beautiful island where St. Cuthbert served as Bishop. The tiny island next to Lindisfarne where he escaped his duties as Bishop to seek the solitude he desired is only accessible by wading through the water at low tide. People have traveled for centuries to Lindisfarne, known to be a thin place in Celtic spirituality - one of those places where the presence of the Holy is more closely felt than usual. It is one of "those rare locales where the distance between heaven and Earth collapses", as Eric Weiner puts it in his spirituality travelogue, *Man Seeks God*. We will have one day to explore this sacred place before we re-enter the "real world" and prepare for our journey home.

As I write this I am also praying over the Gospel reading for this Sunday in preparation for preaching. It is Luke 10:38-42, the story of Jesus visiting the home of his friends Martha, Mary and Lazarus. Martha is very busy preparing dinner and Mary is sitting at Jesus' feet listening to him talk. Martha complains to Jesus and asks him to have Mary get up and help her. Jesus tells Martha that Mary has chosen the right thing, to just be with her guest. I can sympathize with Martha because I am much more a Martha than a Mary, always so much to do and always DOING. I think many of us are like that. I know this pilgrimage is a gift and I am truly grateful for the opportunity. I also know I need to find more time in my every day ordinary life, to just be with the guest who is always waiting for me to just sit with Him.

Denise



# Adult Formation Offerings

## THEOLOGY ON TAP IS BACK

...and has a new name! Join us for Midweek Musings!

We will meet at Saint James' for our fall series on Wednesdays @ 6:30

### Upcoming Topics and Dates for Midweek Musings:

<u>September 21:</u>	The transgender community
<u>October 5:</u>	Politics and Religion
<u>October 19:</u>	Climate change
<u>November 2:</u>	Theology and the environment
<u>November 16:</u>	The ministry of the Deaconate and you

**We hope to see you this fall!**



# **9<sup>th</sup> Annual RICE & BEANS + CHILI COOKOFF**

**Sunday, September 11, 2016**

**5:00 PM**

*Trinity Episcopal Church, Wethersfield, CT*

**(860) 529-6825**

*To increase awareness of world hunger and to raise money to support Millennium Development Goal #1, Eradicate Extreme Poverty and Hunger*

**Come sample the food and vote for your favorite dish.**

Proceeds to benefit our Outreach Committee projects in Hartford, Haiti, Brazil and Wethersfield.

Adults \$10.00, Children (ages 3 to 12) \$3.00

\$25.00 for a Family of 5 or more (2 adults only) *Pay at the door.*

## **Adult Formation Offerings**

### **COFFEE AND CONVERSATION**

Coffee and Conversation is open to everyone and meets every other Thursday at 11:00 at the Church. This Fall, we will begin on October 6<sup>th</sup> and will be reading Brian D. McLaren's *We Make the Road by Walking*.

### **SEPTEMBER 11**

We will hold an Instructed Eucharist at both the 8:00 and 10:15 am services. Come and learn why we do what we do!

**We will enjoy the Parish Picnic after the 10:15 service!**

## SEPTEMBER 18

We will hold an Instructed Music Eucharist at the 10:15 service.  
Come and learn the role music plays in our worship!

September 18<sup>th</sup> is also “Commissioning Sunday.”



# Stewardship

One of the transition goals that St. James' established was to institute a year round stewardship program. Stewardship is an interesting word. For many of us, we think of stewardship as the fundraising that takes place in most churches in the Fall, usually around October. It is the time of year when churches make their annual appeal to their congregations asking people to pledge money to support the mission of the church. But this is only one aspect of stewardship, and a relatively small one at that. Stewardship is actually all that we do with all that we have once we say, "I believe". This is a HUGE statement of faith! It means that we have to be thoughtful, prayerful and conscious about how we use our time, spend our money, take care of the earth, use our gifts, AND how we give thanks for all that we have been given.

In light of this broad sense of stewardship, our year-round stewardship program will encompass all of these aspects of Stewardship. We will celebrate and use the wonderful facility and space we have been given and do more to invite the community into this space and so we had the concert and movie on the lawn. We will give thanks to the people who give of their time and talents to our many ministries that take place here. We will share with one another the ways that God has blessed us and the ways in which being a part of St. James' Church has made a difference in our lives, and we in the lives of others. We will bless one another and pray for one another as we engage in the various ministries God has invited us to join God in doing here at St. James' and in our broader community. And we will ask you to share your financial resources with the church to assist in accomplishing all that we do in the name of Christ.

So, watch, listen and be a part of celebrating, giving thanks, and sharing as we engage in this year round stewardship program.

## WELCOME FRED!

On September 4<sup>th</sup>, we will be joined by Fred Faulkner, who is an "Intern in formation for the priesthood" in ECCT. Fred will be with us for a full year. During this time, he will be learning the various aspects of parish ministry. Fred will be with us 8 to 10 hours each week serving during worship, helping with Confirmation Class, meeting with the Vestry and various commissions, and, in general, being a part of the life of the parish. Please welcome Fred and his wife Janice. Jessie, our Deacon in training, whom you all know, will remain with us through the end of December.





# Outreach

## **BACK-TO -SCHOOL SUPPLIES**

Knapsacks, notebook, rulers, scissors, magic markers, pens, pencils....and much more...overflowed the two large bins set up to collect donations for back-to-school supplies for children of families in need. These, along with monetary donations, were delivered to *Glastonbury Social Services* and to *A Place of Grace* in Hartford in mid-August for distribution to families in late August. Many, many thanks to all of you who contributed. The receiving organizations were thrilled!

**September 11 – Trinity Wethersfield Annual Chili Cook Off** (See other article)

## September 24 – Lunch in the Park

Volunteers from St. James' will make about 100 lunches for the homeless and others in need in the morning, and then deliver and help distribute them in Hartford's Bushnell Park in early afternoon. These lunches depend both on funding from Outreach (for the sandwich makings and other supplies needed), and on donated food items (fruit, homemade cookies) to make the lunches a little special. This project is led by Marie Dixon, and she has a really efficient process in place. While there is a core of volunteers who normally assist, new faces and helping hands are always appreciated.



## Fall Bloodmobile October 21<sup>st</sup>

Do you want to make a difference in people's lives? Consider helping with the October St. James' Red Cross Bloodmobile. Did you know that one pint of blood can help save as many as three lives? That's because the Red Cross can separate as many as three different products from your one donated pint. When was the last time you gave a gift with such impact? The next time could be Friday October 21<sup>st</sup>, 1:00-6:00 at St. James' Bloodmobile.

There are a variety of ways that you can help. First, you can of course sign-up to give blood. The Red Cross recommends that you sign-up on-line (follow the links at [www.redcrossblood.org](http://www.redcrossblood.org)) Signing up in advance helps the bloodmobile organizers assemble their resources and bring enough staff, equipment and supplies. And although walk-ins are welcome, you can further streamline your donation experience if you arrive for a scheduled appointment rather than just walk-in. Most anybody over the age of 17 can donate blood. If you are healthy and weigh more than 110 lbs. you are probably eligible to give.

Your donation is good for someone's heart – and yours too! It's easy; it doesn't take long; the actual blood draw typically takes less than 10-12 minutes. The entire process, from arrival to departure takes about an hour and 15 minutes. Healthy bone marrow constantly resupplies the human body with new red cells, plasma and platelets. Your body replenishes the elements given during a blood donation – some in a matter of hours others within a few weeks.

If you've never donated before, sign-up and give it a try. We'd love to increase the number of St. James' folks who participate. But if you are unable to give blood, you can still support those who give by greeting the donors at the registration desk in the foyer or helping with the canteen upstairs in the parish hall. We also need folks to help set-up and help clean-up. This type of volunteering supports Red Cross staff and the donors; it makes the whole process run smoothly. If your schedule doesn't allow you to donate or volunteer on that day, you can still help by baking cookies or making sandwiches that we'll serve to the donors in the canteen. Look for the sign-up sheets in the foyer or call Jeannette Brown (860 633-5801) for more information about how you can participate.

## ANNUAL CONVENTION OF ECCT ON NOVEMBER 20

The Annual Convention of ECCT is going to be a bit different this year as it is going to include Sunday morning, with an opportunity for all of the ECCT to worship together at the Convention Center in Hartford on Sunday morning, November 20th. The Most Rev. Michael Curry, Presiding Bishop of the Episcopal Church, will be the preacher at this service. There is no cost for this, but you **DO** need a ticket. Tickets are available at <https://www.episcopalct.org/news-and-events/annual-convention/2016/>

On the morning of November 20th at St. James', the 8:00 am service will include the Eucharist, while the 10:15 am service will be a Morning Prayer service.

## Carol's Closet

# Lasagna Dinner Fundraiser

*Dinner is on Friday, September 16 6:30 pm – 8:30 pm*

*All are welcome!*

This September, Carol's Closet Paper Pantry will celebrate its first year of welcoming guests to receive paper goods and personal hygiene items and is growing in leaps and bounds! In September 2015 we welcomed five people, with a household size of thirteen, who received seven bags. This past July forty persons, with a household size of 77 were served and 49 bags were given.

Perhaps you would consider commemorating this first year of Carol's Closet ministry by making a donation of regular and full-sized bottles of shampoo, bars of soap, toothpaste, and deodorant, or toothbrushes. In addition, monetary donations are always welcomed. Please place your donation in an envelope with "Carol's Closet" written on the outside of it. If donating by check, please note "Carol's Closet" on the memo line.

Thank you for your faithful prayers and support to God's mission in the world and for making a difference in the lives of those we serve!

## Music at St. James'

Our 4 choirs welcome back current members and invite new members to join us in September!

The **Adult Choir** rehearses Thursday nights and sings at the 10:15 service.

The **Joyful Noise! Choir** sings about once a month with a rehearsal just prior to the 10:15 service.

The **Choristers** rehearse Thursdays and sing at some of the 10:15 services. Youth in grades 4 and above are invited to sing with the Choristers.

# More Music at St. James'

The Children's Choir rehearses most Sundays at 11:30 and sings about once a month at the 10:15 service. Children ages 4, 5, 6, 7, and 8 are invited to join us!

We build basic rhythm and melody singing skills (keeping the "beat" and matching pitch) and SING songs with simple lyrics, rhythms, and melodies in the Anglican tradition, helping children to learn this important form of worship. Song sheets are provided each month with song lyrics and music notation for practice.

- ✓ Contact Jim Barry if you have any questions <dirmusic@sbcglobal.net>.
  - ✓ Watch the Sunday leaflet and the Wednesday e-blast for start dates and times.
- *As we incorporate more contemporary music into our services, we are looking for singers and instrumentalists. We also need a few song leaders to learn verses to songs that the congregation sings only the refrain. If you are interested, please contact Jim Barry <dirmusic@sbcglobal.net>.*



## Sunday School!

✓ Registration  
on September 11

✓ First day of  
Sunday School is  
September 18

# Contact Information

P.O. Box 206, Glastonbury, Connecticut 06033 ♦ 860-633-8333

E-mail ♦ [st\\_james\\_church@sbcglobal.net](mailto:st_james_church@sbcglobal.net)

Website ♦ [www.stjamesglastonbury.org](http://www.stjamesglastonbury.org)

Facebook ♦ [www.facebook.com/StJamesGlastonbury](http://www.facebook.com/StJamesGlastonbury)

*The Episcopal Church in Connecticut*

[www.ctdiocese.org](http://www.ctdiocese.org)

The Rt. Rev. Dr. Ian T. Douglas, Diocesan Bishop  
The Rt. Rev. Dr. J. Laura Ahrens, Bishop Suffragan

*St. James' Clergy*

The Rev. Denise Cabana, Rector

[dcabana1@sbcglobal.net](mailto:dcabana1@sbcglobal.net)

*Music Ministry*

James R. Barry, Minister of Music  
Jeff and Amy Brown, Debbie O'Donnell,  
Children's Choir Directors

[dirmusic@sbcglobal.net](mailto:dirmusic@sbcglobal.net)

*Christian Formation*

Matt Cornish, Director of Children and Youth Ministry

[mcornish@sbcglobal.net](mailto:mcornish@sbcglobal.net)

*Office*

Jodi Lussier, Parish Administrator  
Jeanne Kowalsky, Bookkeeper

[st\\_james\\_church@sbcglobal.net](mailto:st_james_church@sbcglobal.net)  
[accounts-stjames@sbcglobal.net](mailto:accounts-stjames@sbcglobal.net)

*Vestry*

Ralph Urban, Senior Warden  
Don Gardner, Junior Warden  
Steve Ciccalone, Treasurer  
Lindsey Nunes, Clerk

[ralphurban2@yahoo.com](mailto:ralphurban2@yahoo.com)  
[dbgardner@cox.net](mailto:dbgardner@cox.net)  
[sciccalone@gmail.com](mailto:sciccalone@gmail.com)  
[lnunes@lincolntech.edu](mailto:lnunes@lincolntech.edu)

**Office Hours: 9:00 am - 2:00 pm, Mondays through Thursdays**

*Pastoral Emergency: Call the church office (860-633-8333) and dial 9 any time during the message. Your call will be routed to the clergyperson on call.*